

# Pomfret Community Senior Center Senior Activity Calendar

~ January 2015 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Key Gym 10 - Noon	3
4	5 Key Gym 10 - Noon Food Pantry 5:30-6:30	6 Center Open 12 – 5 P 12-2 Senior Association Meeting / Brown Bag Lunch  2:30 Bingo	7 Center Open 12 – 5 P  Dominos	8 9:30-12 QUILTING OPEN SEW	9 Key Gym 10 - Noon 6-8:30 pm Quilting Open Sew	10  Community Open Sew 10-2
11	12 Key Gym 10 - Noon Food Pantry 5:30-6:30	13 Center Open 12 – 5 P Food Pantry 11:30-12:30  12:00 TEEG Learn @ Lunch <i>"Transportation Options"</i>  2:30 Bingo	14 Center Open 12 – 5 P  Dominos  2:00 Movie (Patch Adams)	15 9:30-12 QUILTING OPEN SEW	16 Key Gym 10 - Noon 6-8:30 pm Quilting Open Sew	17
18	19 Key Gym 10 - Noon  Food Pantry 5:30-6:30	20 Center Open 12 – 5 P Food Pantry 11:30-12:30 <i>"Weathering the Storm"</i> 12:00 TEEG Learn @ Lunch  2:30 Bingo	21 Center Open 12 – 5 P  Dominos  1:30 Trivia	22 9:30-12 QUILTING OPEN SEW	23 Key Gym 10 - Noon 6-8:30 pm Quilting Open Sew	24
25	26 Key Gym 10 - Noon  Food Pantry 5:30-6:30	27 Center Open 12 – 5 P Food Pantry 11:30-12:30 12:00 TEEG Learn @ Lunch <i>"Be Prepared"</i> 1:30 Blood Pressure Cks.  2:30 Bingo	28 Center Open 12 – 5 P  Dominos  2:00 Movie	29 9:30-12 QUILTING OPEN SEW	30 CENTER CLOSED Key Gym 10 - Noon 6-8:30 pm Quilting Open Sew	31

**The Center is open Tuesdays and Wednesdays from noon until 5 pm.**

Pomfret Community Senior Center  
Senior Activity Calendar

**It's a NEW Year! The Pomfret Community Senior Center will be scheduling new programs and activities for the coming year. Let us know what you would like to see at your Senior Center.**

**Tuesday, January 6<sup>th</sup> 12-2 Senior Association Meeting & Brown Bag Lunch**

**Learn at Lunch** 12:00- sponsored by TEEG; Tuesdays, except the first Tuesday. Dates for January will be January 13<sup>th</sup>, 20<sup>th</sup> and 27<sup>th</sup>.

**Cards, Games & Good Company** -Card games are extremely popular, along with jigsaw puzzles, Mexican Train Dominoes and just plain socializing. Drop in and join us.

**Bingo for Fun:** Bingo is a big draw with everyone having a fun time.

**Wednesday Afternoon Movies:** A movie is usually shown on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday at 2:00 pm. Movies are chosen with input from seniors. Selections are shown if available.

**Free Blood Pressure Clinic with DKH's Judith Hansen:** January 27<sup>th</sup> at 1:30

**Key Gym:** Pomfret Seniors are invited to exercise at no cost at Pomfret's Key Gym location from 10:00 to noon on Mondays and Fridays.

**Quilting, Knitting, Crochet-** "Pomfret's In Stitches" Thursday morning from 9:30-12 am, Friday evenings from 6-8:30 pm and 2<sup>nd</sup> Saturdays Community Service Quilting. Only \$5.00 for most quilting lessons per class. See Events Board for new classes or call Susan LaRose at 860-974-0494. Folks are encouraged to join us and do their own kind of "stitching". During the month of January remaining classes will be open sew. Beginning in February (5<sup>th</sup> and 6<sup>th</sup>) 2015, new class will be "Tennessee Waltz".

Seniors, in the next few months, a Program Committee will be formed to schedule activities, programs, and set up the monthly calendar. If you would like to be on the committee or have any class or program ideas, we would love to hear from you !

Northeastern CT Transit District Call for a ride! 860-774-3902 Web Site: [www.NECTD.org](http://www.NECTD.org) e-mail: [rides@nectd.org](mailto:rides@nectd.org)

**Closings / Inclement weather: If Pomfret Community School is closed the Center will also close. Listen to WINY : 1350 AM**

*Just a reminder: As of January 2015 annual membership dues of \$5 must be paid to Pomfret Senior Association. Dues can be paid directly to the Pomfret Senior Association or mailed to Pomfret Town Hall, 5 Haven Rd., Pomfret Center, CT 06259*

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