



TVCCA SENIOR CAFE JANUARY 2016

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1% milk and whole grain bread are served with each meal.</p> <p>Menu is subject to change with out notice.</p>				<p>1</p> <p>Happy New Year!</p> <p>Program Closed</p>
<p>4</p> 	<p>5</p> <p>Breaded Pork Chop Yellow Rice & Black Beans Chuck Wagon Vegetable Medley Fruit Cocktail</p>	<p>6</p> <p>Pub Burger w/ bun Roasted Potatoes Mixed Vegetables Peach Cup</p>	<p>7</p> <p>Southwestern Crusted Cod Rice Pilaf Broccoli Fresh Fruit</p>	<p>8</p>
<p>11</p>	<p>12</p> <p>Pineapple Glazed Ham Mashed Sweet Potatoes Green Beans Peach Cup</p>	<p>13</p> <p>Cream Chicken Alfredo w/ Pasta Peas Carrots Cupcake Orange Juice</p> <p><u>Birthday Celebration</u></p>	<p>14</p> <p>Stuffed Pepper Casserole Cumin & Garlic Rubbed Potatoes Capri Vegetable Medley Pineapple Cup</p> 	<p>15</p>
<p>18</p> <p>Dr. Martin Luther King Holiday</p>  <p>Program Closed</p>	<p>19</p> <p><u>Ethnic Celebration</u></p> <p>Chicken Curry Rice Casserole Broccoli Diced Carrots Danish Cranberry Juice</p>	<p>20</p> <p>Meatloaf w/ gravy Garlic Mashed Potatoes Green Beans & Diced tomatoes Fresh Fruit</p>	<p>21</p> <p>Stuffed Shells w/ marinara Garlic Bread Zucchini Yellow Squash Peach Cup</p>	<p>22</p>
<p>25</p>	<p>26</p> <p>Cheeseburger Noodle Casserole Zucchini Baby Carrots Fresh Orange</p>	<p>27</p> <p>Hot dog w/ roll Baked Beans Coleslaw Pineapple Cup</p> 	<p>28</p> <p>Hungarian Chicken Paprika Parsley Potatoes Mixed Vegetables Fruit Cocktail</p>	<p>29</p>